

Region 4 RAC Meeting 11 10 09 – Ada County Sheriffs Office building, Boise

Michelle Belville, Krissy Blandford, Sharon Burke, Jaimie Cain, Michael Dickson, Jane Duke, Elisha Figuora, LaDessa Foster, Vern Garrett, Marianne King, Darren Richman, Sandy Jones, Ross Mason, Doug Miller, Jeff Morrell, Greg Munson, Dan Sigler, John Sweeting, Laura Thomas, Linda Zimmer

Providers Subcommittee started at 9:00 a.m. The agenda item was to discuss changes to the draft IDAPA rules and the upcoming H&W board meeting. Discuss centered on confusion regarding what version of the draft rules would be presented to the board. Concerns were raised that it is difficult to write a letter of support when the full proposed rules are not in a single document. The committee consensus was they wanted to make sure their comments were made based on the most current version of the rules. Ross and Laura will try to get more information on if a full version of the draft rules will be available prior to the board meeting.

Jeff, LaDessa, Darren, Vern, and Michael volunteered to review any additional information available prior to the H&W meeting on the 19th and determine Region 4 RAC's input.

Several issues on the IDAPA rules were discussed at ICSA. ICSA voted to support the current draft rules with provisions that the unresolved provider concerns be addressed. The November 2009 Provider Update (located on the Region 4 Web page) includes a summary of the issues ICSA included (see attachments).

The most recent budget snapshot presented at ICSA in October was discussed. At the ICSA meeting, another document with monthly counts of various types of services indicated that assessments were the only item trending up. Providers were interested in more information about this trend. Some questioned the use of scare resources for performing assessments when it all likelihood the person will be placed on a waiting list. Assessments have a limited validity and it is very possible that assessments performed will be invalid by the time the person enters into treatment.

A new process for managing the wait list is being developed. Vern will forward a copy of the letter to Laura to include in the minutes (see attachments)

Full RAC Meeting

RAC Chair Darren Richman called the full RAC meeting to order at 10:-00 a.m. The minutes were approved as posted.

The agenda was approved.

Discussion of training needs included the need for more GAIN I training. Ethics training will be the focus of the pre-conference session for ICADD this year. Another topic of interest is ASAM training.

RAC Budget discussion was held. It was noted that there will be no scholarship funds for Prevention Conference or ICADD from H&W through Benchmark or for ICADD. Each regional

advisory committee is asked to provide 2 scholarships to each conference. Region 4 has provided additional scholarships to both conferences in the past. The following target amounts were agreed upon for the current fiscal year:

\$ 200 Legislative Event
\$ 50 Valley county Underage Drinking education training scholarships
\$ 1600 Prevention Scholarships at 2 per county in the region
\$ 1920 ICADD scholarships, 2 per county in the region
\$ 150 RAC Meeting refreshments

\$3920 Subtotal

Budget is \$5000; To date \$ 157.70 has been expended

$\$5000 - (157.70 + 3920) = \$ 922.30$ would remain for RAC projects or training needs.

Office of Drug Policy, Sharon Burke – Sharon reviewed the FY 2010 expenditures by population final report (see attachments). She clarified that the line item currently identified as ‘Other’ will be reviewed and further delineated. When data collection began it is possible the correct category did not exist in the report forms, for example Medicaid clients.

ODP is interested having a state wide webinar in December (tentative date and time is December 8 at 2 pm, to be confirmed) for providers. General consensus at meeting was that Region 4 providers would participant if the opportunity exists.

The next ISCA meeting is scheduled for January 27, 2010 and may be an all day meeting. Sharon will let Laura know details so the RAC is informed.

Region 4 Projects Update – Laura reported that she presented an underage drinking town hall in Cascade on November 3. About 40 people attended, including about 20 teens.

In addition to the Prescription Take back program in Meridian, Boise is expected to have a media conference on December 10 to announce similar a similar project in Boise. Laura will post information to the web page when available.

The 2010 Legislative Event will be Tuesday, February 16. The education displays will be in the Rotunda on the 4th Floor from 11 am to 3 pm. The theme will be the many slices of the substance abuse prevention and treatment pie. We have community partners that will help provide the pie refreshments. The Award Ceremony for the Patricia Kempthorne Award and Community Service Awards will be at 4 pm in the Auditorium in the West Wing Senate, Garden Level.

Suggestion was made to make sure IDOC was present at the education event. Darren will contact the RAC chairs to make this suggestion.

Valley County Diversion Program

Doug Miller reported on an outcome of the RAC Prevention Scholarship awarded to Valley County this past February. The scholarship provided the spark for moving forward with a mentoring program they had been working on developing for a couple years. Because of contacts made at the Prevention Conference, Valley County has been successful in applying for a Title V grant. They will be implementing a diversion program. They have been talking with the diversion program in Kuna, which has been operating for 9 years. They want to thank the RAC again for providing the scholarship funds. Anyone interested in the diversion program details should contact Laura for an electronic copy of the documents.

Provider Update

Dan Sigler, LMSW and program director for Eleos Recovery Support Services provided an update on this newly approved RSS provider. The program is affiliated with All-American Publishing company, which specializes in sports poster nation-wide. Dan reported that a large percentage of their employees are involved in recovery. Providing support services in the work environment has proven to be a good fit for the company. More information is available at www.eleosboise.org or info@eleosboise.org

Networking Updates

Krissy Blandford from Center for Behavioral Health reported they continue have increased census and will be adding a staff position to the Boise office soon. She also is involved with Game Time International and Leadership First.

Greg Munson – Prevention Update – No changes since September meeting.

Michelle Belville - Easter Seals-Good Will received the 1.2 million dollar 3-year grant (SAMHSA funding) for a reentry center. Michelle introduced Jane Duke, ES-GW new clinical case manager.

Mike Dickson – Personal Development and Affinity. They are doing some remodeling. They have concerns regarding the wait list and business impact.

Elisha Figueroa – Meridian Mayor's Anti Drug Coalition (MADC). The MADC Rx drug take back program for residents of Meridian is popular. Logistics of the program are a little bumpy but smoothing out. The program is working through the options for transporting the drugs to the incinerator in Utah.

LaDessa Foster reported that WCA is back on the PWWC provider list as of September.

Vern Garrett reported that Ascent has added new services for adolescents, including cognitive self change and anger management. He noted adolescents whom qualify for Medicaid do not experience a wait list.

Sandy Jones – Ada County Sheriff's Office. Sandy indicated that the wait list issues are felt at the local jail. The cost of incarceration is \$62.50 a day at the Ada County jail.

Marianne King – Drug Free Idaho has received a Small Business Administration grant for work place programs. They are working to get the word out to throughout the state on this program that will be free of charge to employers because of the SBA funding.

Jeff Morrell – Redmont Health. Jeff reported that Redmont's treatment application in process with CASAT. Their RSS application was submitted to H&W the end of August, but no information yet.

John Sweeting – Ten Mile Christian has resubmitted their policies and procedures and hopes to have approval soon. The process has been 2½ years.

Linda Zimmer – Boise County Commissioner. She expressed appreciation for the invitation to attend the meeting. She is also attending the Region 4 mental health board meeting so was glad to have the opportunity to attend both meetings on the same day.

Meeting schedule discussion - RAC meetings in 2010 will continue to be on the second Wednesday of every other month, January, March , May, July, September, and November. Providers will meet at 9 a.m. and full RAC at 10:00 a.m. is the current plan. Check the agenda and web site closer to the date. Ada County Sheriffs office offered their facility.

Meeting adjourned at 12:05 p.m.

Region 4 RAC Meeting

~~DRAFT AGENDA 11/10/09~~ Region 4 RAC Meeting 11/10/09

DRAFT AGENDA 11/10/09

**NEW Meeting Location – Ada County Sheriff's Office, 7200 Barrister
(See directions below)**

9:00 a.m. Provider Subcommittee; 10:00 a.m. to noon full RAC meeting

- * 9:00 a.m. Provider update (Treatment, Recovery Support) -
IDAPA rule draft discussion

Central Office & BPA (invited)
Program Updates on Current and State Fiscal year 2011

- * 9:45 a.m. Interagency Committee on Substance Abuse Update (invited)
- * 10:00 a.m. (approximately) Approval of Agenda and Minutes of September 9, 2009 RAC Meeting, Darren Richman, Region IV RAC Chair
- * 10:10 a.m. RAC Chair Update, Darren Richman
Training needs
Budget discussion
- * 10:25 a.m. Regional Director Update, Ross Mason
- * 10:40 a.m. Updates on Regional Projects, Laura Thomas CRDS
- * 10:50 a.m. RAC Member Program Update – Valley County Update, Doug Miller
- * 11:05 a.m. New RSS Provider, Eleos RSS, Dan Sigler
- * 11:10 a.m. to noon Networking Updates

Directions to meeting place, 7200 Barrister

From Westgate:

Take Fairview east to Cole. Turn right on Cole, left on Barrister.

If anyone is coming from the freeway, get off at Franklin as though you are going to the mall, but turn right on Franklin, left on Cole, right on Barrister.

When you approach the buildings, there is a trailer out front (hot dog stand). If you look to the right, there is a door there to the Civil offices of ACSO (Ada County Sheriffs Office). Look for a **RAC Meeting Here** sign on the door. Just inside that door to the left is the room we will use.

Budget Snapshot for FY 2010 ~ September YTD 2009

| ACTUALS | | | | | | | | | | | |
|-----------------------------------|--------------|-------------------|-------|----------------|--|---------------------------|--------------|-------------|----------------|------------|--|
| BUDGET | | YTD Case Count | | | Expenditures Billed by BPA through September (25% of FY) | | | | | | |
| Budgeted for FY10 | | Assmet and/or Tmt | RSS | (Over) / Under | Assesmt and/or Treatment | Recovery Support Services | Total | % of Budget | (Over) / Under | | |
| Case Target | Budget | | | | | | | | | | |
| 260 | \$ 750,000 | 167 | 47 | 93 | \$ 128,714 | \$ 13,067 | \$ 141,781 | 18.9% | \$ | 608,219 | |
| 900 | \$ 1,100,000 | 628 | 132 | 272 | \$ 256,493 | \$ 29,446 | \$ 285,938 | 26.0% | \$ | 814,062 | |
| 65 | \$ 538,400 | 20 | 6 | 45 | \$ 86,900 | \$ 11,197 | \$ 98,096 | 18.2% | \$ | 440,304 | |
| - | \$ 270,000 | 1,207 | 186 | (1,207) | \$ 479,548 | \$ 57,267 | \$ 536,815 | 198.8% | \$ | (266,815) | |
| 150 | \$ 400,000 | 160 | 18 | (10) | \$ 200,342 | \$ 2,080 | \$ 202,422 | 50.6% | \$ | 197,578 | |
| 1,375 | \$ 3,058,400 | 2,182 | 389 | (807) | \$ 1,151,997 | \$ 113,056 | \$ 1,265,053 | 41.4% | \$ | 1,793,347 | |
| Felony | | | | | | | | | | | |
| Probationers - Risk of Revocation | | 311 | 78 | 282 | \$ 127,082 | \$ 26,663 | \$ 153,745 | 15.4% | \$ | 846,255 | |
| Re-entry Riders | | 347 | 131 | 326 | \$ 167,090 | \$ 44,529 | \$ 211,619 | 35.3% | \$ | 388,381 | |
| Re-entry Parolees | | 791 | 305 | 697 | \$ 249,200 | \$ 120,408 | \$ 369,607 | 37.0% | \$ | 630,393 | |
| Parolees - Risk of Revocation | | 70 | 18 | 483 | \$ 15,110 | \$ 2,336 | \$ 17,446 | 2.9% | \$ | 582,554 | |
| Felons | | 828 | 214 | (828) | \$ 188,037 | \$ 64,949 | \$ 252,986 | | \$ | (252,986) | |
| 19-2524 | | 1,153 | 138 | 647 | \$ 391,761 | \$ 50,314 | \$ 442,075 | 26.0% | \$ | 1,257,925 | |
| Mental Health Courts | | | | - | | | \$ - | | \$ | 600,000 | |
| Total Felony | | 3,500 | 884 | 1,607 | \$ 1,138,279 | \$ 309,199 | \$ 1,447,478 | 26.3% | \$ | 4,052,522 | |
| Total Misdemeanor | | 2,694 | 451 | (194) | \$ 1,191,684 | \$ 96,170 | \$ 1,287,854 | 25.8% | \$ | 3,712,146 | |
| Adult Drug Court | | 1,072 | 73 | 43 | \$ 912,631 | \$ 29,574 | \$ 942,205 | 20.9% | \$ | 3,557,795 | |
| Adolescent | | | | | | | | | | | |
| Adolescent | | 1,052 | 159 | 81 | \$ 746,936 | \$ 24,170 | \$ 771,106 | 24.0% | \$ | 2,438,894 | |
| Drug Court | | 68 | - | 44 | \$ 89,096 | \$ - | \$ 89,096 | 21.5% | \$ | 325,904 | |
| 20-520i | | 140 | 19 | (15) | \$ 212,299 | \$ 1,589 | \$ 213,888 | 57.0% | \$ | 161,112 | |
| Total Adolescent | | 1,260 | 178 | 110 | \$ 1,048,331 | \$ 25,759 | \$ 1,074,090 | 26.9% | \$ | 2,925,910 | |
| Total All Populations | | 10,708 | 1,975 | 759 | \$ 5,442,922 | \$ 573,758 | \$ 6,016,680 | 27.3% | \$ | 16,041,720 | |
| Ineligibles - Adult | | 511 | | (511) | \$ 13,859 | | \$ 13,859 | 28.9% | \$ | 34,141 | |
| Ineligibles - Adolescent | | 41 | | (41) | \$ 1,008 | | \$ 1,008 | 28.0% | \$ | 2,592 | |
| Total | | 11,260 | 1,975 | 207 | \$ 5,457,789 | \$ 573,758 | \$ 6,031,547 | 27.3% | \$ | 16,078,453 | |
| Adult Total | | 9,799 | 1,779 | 148 | \$ 4,208,108 | \$ 545,919 | \$ 4,754,027 | 26.8% | \$ | 12,952,373 | |
| Adolescent Total | | 1,461 | 196 | 59 | \$ 1,249,682 | \$ 27,839 | \$ 1,277,520 | 29.0% | \$ | 3,126,080 | |
| Total | | 11,260 | 1,975 | 207 | \$ 5,457,789 | \$ 573,758 | \$ 6,031,547 | 27.3% | \$ | 16,078,453 | |

Bureau of Substance Use Disorders Update Idaho Regional Advisory Committees

November 2009

Message from the Chief

IDAPA 16.07.20:

will go before the Board of Health and Welfare on November 19th. I want to thank all the providers and stakeholders for the hard work that has been put into this major re-write. Because so much information has gone out over the past 18 months concerning this rule; I wanted to make sure you have the final products. So, attached to this document is the original rule as published in the September 2009 Administrative Bulletin and the final changes that were made to the rule. You need to overlay the changes to the rule published in September to get a complete picture of what will be presented to the Board. At the ICSA meeting, the committee did give a unanimous vote of support for the rule with a request for three revisions to be made at the Board meeting to include:

- ❑ Allowing a six month window after a case manager is hired to attend the case management training
- ❑ Only charging an application fee for the initial application and dropping the fee for renewal applications.
- ❑ Continue to look at ways to tweak the language around what counts for the 1,040 hours of supervised experience under the QSUP section.

In addition to the above, the ICSA requested that H&W meet during the summer with providers to open up a dialogue on provider needs and concerns.

Budget

The Interagency Committee on Substance Abuse Prevention and Treatment continues to monitor the treatment budget monthly. We are seeing a very gradual decrease in spending. At this time no official word has come out about whether we will need to decrease the budget further based on the economy. If we hear any official news, we will inform you immediately.

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IDAPA 16.07.20 Crosswalk or “what do I gain if the new rule is approved?”

With the significant amount of negotiations with the provider network, we have been able to add several pieces to the new IDAPA rule that will create efficiencies for providers. These include the following:

- ❑ Expansion of who qualifies as a clinical supervisor
- ❑ Allowance for the lease and insurance to be provided later in the facility approval process.
- ❑ Allowance for long distance supervision with a minimum of one onsite supervision session each month. Under current rule supervisory staff must be on site when clinical services are being conducted.
- ❑ Elimination of 2 supervisory staff. The current Rule Identifies that a provider must have a program administrator, treatment supervisor and clinical director. In addition the BPA contract mandates a clinical supervisor be hired or contracted with. (4 total) The new Rule Identifies that a provider must have a treatment supervisor and a clinical supervisor. (2 total)
- ❑ Clearer definition of the education and experience needed to provide services to clients in the publicly funded treatment system.
- ❑ Increasing the timeline for completion of individualized treatment plan for outpatient setting from 7 days to 30 days after the completion of the assessment process.
- ❑ Increases the types of programs that can potentially be funded from 6 types to 10 plus adds 6 recovery support services.
- ❑ Increases the staff to client ratio in outpatient services from a 1 to 30 ratio to a 1 to 50 ratio.

Strategic Prevention Plan

Over the past several months the Strategic Prevention Plan committee, a sub-committee of ICSEA, has been meeting to define a vision and mission for all prevention activities in Idaho. Below is the information provided to ICSEA at their October Quarterly meeting

Problem statement: Prevention strategies and programs in Idaho aren't fully coordinated and as a result are not achieving potential collective outcomes. Current illegal and underage drug and alcohol use are unacceptable.

Vision: The Universal Prevention Strategy empowers Idahoans to lead healthy and drug-free lives.

Mission: The system exists to promote, enhance and coordinate prevention efforts through a commitment to collaboration among stakeholders, providers and state agencies.

Goal #1: Increase coordination and collaboration among state agencies and other key partners that make up the state prevention system.

Goal #2: Assess risk factor prevalence and gaps and overlaps in prevention activity throughout the state.

Goal #3: Frame funding and services to support what has proven effective.



GAIN/WITS

We are closer to finalizing specific plans for the continued implementation of WITS and GAIN for the remainder of SFY10, information will be distributed shortly. Until then, the information from the October newsletter still holds true: Target dates for when all active SUD clients will have to be entered into WITS will be reset to a future date, as part of a larger strategic plan being developed with representation from the provider community. Providers and authorized users will be given instructions, reimbursement rates and training as to how to accomplish this task in accordance with the larger strategic plan in advance of implementation dates.

Providers are expected to continue to increase the number of GAIN Assessments Administered on the GAIN ABS Website. Exceptions are:

- GAIN Site Interviewer Trainees who are to administer their GAIN Assessments on the Paper Version.
Available on the DHW GAINWITS Website:
<http://www.healthandwelfare.idaho.gov/Medical/SubstanceUseDisorders/WITSGAIN/tabid/781/Default.aspx>.
- Users administering the GAIN-I in locations where web access is unavailable!
- If an agency or authorized users is continuing to have difficulties accessing WITS and/or GAIN, they are encouraged to contact the WITSGAIN Helpdesk at HDWITSGAIN@dhw.idaho.gov

SUD will be contacting each user agency in the next couple of weeks to verify your Agency WITS Administrator preparatory to moving forward with technical training that will lead to a broader application of WITS functionality.

OCTOBER 2009

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NOVEMBER 2009

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DECEMBER 2009

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| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | | |



IDAHO DEPARTMENT OF HEALTH & WELFARE

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TO: SUD Network Providers
FROM: Kathy Skippen, Department of Health and Welfare
DATE: November 16, 2009
RE: Client Wait List Check-in Procedures Update

In an effort to (1) enhance wait-listed client engagement, (2) provide a forum for clients to access referral to other services while waiting for treatment, and (3) maintain up-to-date contact information for clients on the wait list, the Idaho Department of Health and Welfare has authorized the initiation of a client wait list check-in program. As of December 1, 2009, clients on the wait list will be required to check-in via email, phone or text message once a week to maintain their status on the wait list.

Wait List Requirements and Process Overview

1. Clients will be assigned a check-in day at intake. Clients are required to check-in on this day once per week. (A grace period will be provided.)
2. Clients may be given a wallet card by referral sources with their check-in day.
3. Clients who are authorized to the wait list will be sent an authorization letter with their check-in day. This letter will include a wallet card that the client can remove and utilize.
4. BPA will make (1) attempt to call clients who twice fail to meet their check-in requirements.
5. Failure to check-in three (3) times will result in removal from the wait list.
6. Clients who are removed from the wait list are eligible to be on the wait list again but must go through the process for authorization again. Clients who qualify again to be placed on a wait list after being discharged will receive a new wait list start date.
7. Clients already on the wait list will not be required to check-in until their existing 90 day authorization expires. Upon re-authorization, these clients will be assigned a check-in day.

This check-in requirement is waived for:

1. Clients who are identified as incarcerated pending availability of treatment services
2. Clients who are currently participating in treatment services while on the wait list for other services
3. Adolescents on the waitlist

Implementation for both new clients and clients already on the waitlist will begin on December 1, as explained above.

The Office of Drug Policy and the Department of Health and Welfare are working closely with BPA to develop a referral source contact system for Misdemeanor Probation Officers to notify them prior to a client's removal from the waiting list. We will provide you with more information as it becomes available.

In the meantime, if you have any questions or concerns, as always, please do not hesitate to contact Kathy Skippen at 208-334-6676 or skippenk@dhw.idaho.gov or Amy Holly at 208-947-1288 or aholly@bpahealth.com.

Thank you in advance for your support of this important new procedure.